

Podiatry Residents



Aaron Lalehzarian, DPM Third Year Resident

Dr. Aaron Lalehzarian graduated from Dr. William M. Scholl College of Podiatric Medicine in North Chicago. He completed his undergraduate studies at University of California, Los Angeles in Neuroscience and obtained his Master of Science in Biomedical Sciences at Rosalind Franklin University of Medicine and Science. He was born and raised in Southern California.

"From an early age, I knew I wanted to pursue a career in medicine and become a surgeon. Throughout my medical education, I became fascinated with the breadth and complexity of podiatry in both the clinical and surgical setting. I recognized the rewarding contributions podiatrists can make in patient's lives and I loved every second of it. During my one-month student podiatry externship at MercyOne Waterloo Medical Center, I loved the incredibly supportive atmosphere, the variety and complexity of surgeries, and the personalized inter-professional care each patient received. Every resident and attending physician was very kind and always willing to teach. I am grateful to have been given this phenomenal opportunity to pursue my residency in podiatric medicine and surgery at MercyOne. I know this program will provide the clinical knowledge and surgical technique to help me become an outstanding podiatrist for my patients and community."

Dr. Lalehzarian lives in Waterloo. Outside of his work, he enjoys spending time with family and friends. His hobbies include traveling, weight lifting, triathlons, and boxing.



Stephen Meyer, DPM Third Year Resident

Dr. Stephen Meyer graduated from Des Moines University College of Podiatric Medicine and Surgery. Prior to that, he attended the University of Iowa where he completed his bachelor's degree in health and human physiology. He is originally from Oelwein, Iowa.

"I knew from an early age that I wanted to pursue a hands-on career helping people. I have experienced various jobs in medicine and have had opportunities to shadow doctors with different specialties. Upon being introduced to podiatry, I knew I was in the right place. Podiatry allows me to do the hands-on work focusing on surgery, clinic, wound care and sports medicine. In addition, I have found a lot of joy connecting with the teams I have been part of and the patients I have served. MercyOne Waterloo Medical Center allows me to continue to build my skills to ensure the best possible care for my future patients and I am excited for my journey as a resident physician here."

Dr. Meyer resides in Waterloo with his wife. When he isn't at work, he enjoys spending time with his family and friends, taking care of his dogs, fishing, biking and watching football.



Maliha Arzumand, DPM

Second Year Resident Dr. Maliha Arzumand graduated from New York College of Podiatric Medicine. Prior to that, she attended Long Island University where she completed her BS and BA in Biology and Psychology. She is originally from Bangladesh and came to the USA right after high school.

"I pursued podiatry medicine due to its diverse aggregation of surgery, medicine, and trauma." She has a special interest in minimally invasive surgeries and sports medicine.

Dr. Arzumand resides in Waterloo. In her free time, she enjoys trying out new cuisines, traveling, hiking, baking and working out.



Ryan Bauermeister, DPM Second Year Resident Dr. Ryan Bauermeister graduated from Des Moines University College of Podiatric Medicine and Surgery. Prior to that, he attended Northwestern College where he completed his Bachelor of Arts in Kinesiology. He is originally from Spencer, Iowa.

"I chose to study podiatry after experiencing foot and ankle injuries as a runner. After working with patients in the university clinic, I knew I was at home." He is interested in arthroscopic surgery, total ankle replacements, and pediatric foot care. Dr. Bauermeister resides in Waterloo with his wife and his son. In his free time, he enjoys running and riding bikes with his wife and son, fishing, cooking, and spending time with family.

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Michael Scott, DPM First Year Resident

Dr. Michael Scott graduated from Midwestern University, Arizona College of Podiatric Medicine and Surgery. Prior to that he attended Southern Utah University where he completed his Bachelor of Science in Nutrition. He is originally from Ephraim, Utah.

"I chose to enter the field of podiatry after seeing the challenging and diverse cases that are seen in clinic and the operating room. I have a love for rural health and hope to bring a specialty to a rural area in my career." He is interested in ankle fractures, pediatric foot care & diabetic foot care.

Dr. Scott resides in Cedar Falls, Iowa with his wife and two sons. In his free time he enjoys playing basketball, running, and spending time with his family.



Levi Andrews, DPM First Year Resident

Dr. Levi Andrews graduated from Creighton University in 2019 and graduated from Des Moines University in 2024. He is originally from Morganton, North Carolina.

"I knew from a young age I always wanted to do something in medicine. I had many positive interactions with a local podiatrist in my area who helped alleviate me from many aches and pains in my feet from running cross country and track. After shadowing him for a week in college, I was really drawn to the positive impact he had on his patients by getting them back on their feet walking again pain free. I feel that MercyOne Waterloo Medical Center will prepare me to be the best possible clinician as well as surgeon to address any foot and ankle issue that walks in the door."

Dr. Andrews resides in Waterloo. In his free time, he enjoys watching college football and basketball, running, and being outdoors.