GENESIS MEDICAL CENTER, ALEDO

Community Health Needs Priorities & Implementation Plan 2018

Approved by GHS Community Benefit Advisory Committee
October 18, 2018



Our commitment to help address community health needs is...

- Compelled by our mission of "compassionate, quality health services to all those in need"
- Driven by our values: safety, integrity, compassion, accountability, respect and excellence

Genesis Medical Center, Aledo

- Community Health Needs Assessment survey initiated in 2014 and renewed in 2017/18
- Geography: Mercer County
- Data was gathered by the Genesis Health System Business Intelligence Center
- Priority focus and implementation plan determined by community focus groups and Administration



Genesis Medical Center, Aledo Mercer County

Mercer County Focus Areas

- 1. Oral health
- 2. Nutrition, Physical Activity and Weight
- 3. Mental health and Substance Abuse
- 4. Access to Health Care



Measurements

Improve the ranking of health behaviors of Mercer County residents as measured on the county health annual rankings:

Ranked: 2015-96/102, 2018-25/102

- ❖ Decrease percentage of adults with poor dental health— 2014: 23.5%, 2018: 23.5%
- ❖ Decrease the percentage of adults over 18 who are obese 2014: 31.8%, 2018: 30.4%
- ❖ Decrease the percentage of adults over 18 that report no physical activity 2014: 25.3%, 2018: 23 %
- Decrease percentage of adults without a regular doctor 2014: 24%, 2018: 24%



Increase Access to Oral Health

- Assist and Support Mercer County Health Department who leads this initiative
 - *Raised funds to refurbish "Tooth mobile" a mobile dental facility
 - Enhance relationship with Eagle View FQHC

Healthy Lifestyle & Behaviors Initiatives

- ❖ Healthbeat Exercise equipment at Yogi Bear Park, Aledo
- ❖ Sponsor of Rhubarb Run 2016, 2017, 2018
- Genesis Medical Center, Aledo employee membership at YMCA
- Farmer's Market weekly
- 275 participants in Metabolic Syndrome Program with Genesis Philanthropy-41% of participants have reduced their risk for Met S
- U of I Extension offers weekly fruit and vegetable tasting at Farmer's Market and offered numerous nutrition education programs
- ❖ Partnered with YMCA for Livestrong, Diabetes Prevention, Just Lose It and Enhanced Fitness



Access to Mental Health Information & Services

- Mental Health summit held, which moved to the Mercer County Mental Health working group with 3 subgroups: Resource Directory, Support Groups, Collaborative Grant Writing. Group meets quarterly.
- Secured additional funding through HRSA for Mental Health Action Plan of \$600,00 for 3 years
- Increased access to mental health services at GHG Aledo, adding two mental health care providers.



Access to Health Care Initiatives

- Added Advanced Practitioner to GHG Aledo
- Increased specialty providers in Urology and Pain Management
- Enhanced relationship with Eagle View FQHC
- Utilizing traditional and social media to make residents aware of health services

Future Plans/Suggestions

- Identify and develop new partnerships for improvement of health
- Seek additional funding opportunities
- Develop a Healthy Lifestyles Working Group
- Explore greater use of social media