

# Curriculum

## Nursery

Learning between the ages of 0-2 years is critical for children's brain development. In our nursery programs, each child is assigned a primary caregiver which allows your child to develop a one-on-one bond with a specific caregiver.

## Preschool

- Programs are available every morning for children 2 years (by September 15) to 5 years.
- Extended care is available beyond the following times.
- All programs include snack and lunch.

### 2-year-old preschool: 9 a.m.-noon

We suggest a schedule of at least 2 days per week. This is a wonderful opportunity to develop friendships, sharing skills, language skills and toilet training!

### 3-year-old preschool: 8:30 a.m.-noon

Children in this age group are curious to know about the world. They love science activities and dramatic play with their friends. A schedule of at least 3-4 days per week is ideal.

### 4-year-old Pre-K: 8:15-11:15 a.m.

The teachers focus on skills to get children ready for kindergarten socially, physically and cognitively. Teachers plan units that focus on science, math, literacy and much more. A schedule of 4 days per week is ideal. Children living in Iowa who are 4 years old by September 15 are eligible for 11 hours of free Pre-K.

## School age

A full-day summer program is designed with your child's age appropriate interests in mind. The staff work very hard to keep the children busy with crafts, games, learning, field trips and much more.

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The following are implemented into the daily routine of ALL classrooms:

- **Fine/gross motor activities** - help improve small/large muscle development, balance and eye-hand coordination.
- **Block play** - gives children experiences with shapes and size discrimination, creativity and problem solving.
- **Art activities** - encourage creative expression of thoughts and feelings.
- **Dramatic play** - contributes to the growth and development of vocabulary and social skills. Pretending is a fun way for children to practice life skills.
- **Story time** - facilitates language, vocabulary and pre-reading skills which are constantly being developed.
- **Science** - fosters and supports intellectual development while children explore the world around them.
- **Music/movement** - expands a child's imagination and promotes observation and listening skills.
- **Circle time (preschool only)** - incorporates calendar activities, songs, finger plays and stories in a group setting where ideas and observations are shared.



**If you have additional questions, please reference our handbook or contact us:**

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