

COVID-19 vaccine while pregnant or breastfeeding

A healthy mom leads to a healthy baby. To keep yourself and your baby healthy, receive your COVID-19 vaccine.

Should a woman who is trying to get pregnant, is pregnant or is breastfeeding receive the vaccine?

Yes, the vaccination is recommended for all people 12 years and older, including people who are trying to get pregnant, are pregnant, breastfeeding, or may become pregnant in the future. Pregnant women are at a higher risk to get ill with COVID-19 compared with non-pregnant women. Avoid severe illness by getting vaccinated.

How does my vaccination protect my baby?

The CDC, the American College of Obstetricians and Gynecologists recommend mothers receive the COVID-19 vaccine. Numerous studies of vaccinated moms show COVID-19 antibodies passed in the umbilical cord blood of babies and the mother's breastmilk.

Can my baby or I get COVID-19 infection from the vaccine?

No. None of the COVID-19 vaccines contain the live virus and cannot make anyone sick with COVID-19, including pregnant people and their babies.



Talk with your provider today about getting your COVID-19 vaccine.

Pregnant women with a COVID-19 infection are:

22x more likely to have a premature birth

14x more likely to require intubation

15x more likely to die in hospital

*Source JAMA Network According to study of 869,079 adult women, including 18,715 women with COVID-19, who underwent childbirth at 499 US medical centers between March 1, 2020 – Feb. 28, 2021.

“Receiving a COVID-19 vaccination and following CDC guidance is the best option to protect the health of mom and baby.”
Neil Mandsager, MD