

SEMEN ANALYSIS FORM

The information requested below needs to be completed in order to provide the best quality test results. Your doctor may ask you to repeat this test if the information provided affects the results.

Please complete this form and return it with your specimen.

Name: _____

Date of Birth: _____

Physician: _____

How many days did you abstain from intercourse before today's collection? _____

Please check semen collection method:

- Semen collected in specimen cup
 Medical Alternative Semen Collection Device

Did you use a lubricant to collect the specimen?

- Yes No

If yes, please describe: _____

Did a portion of the specimen miss the container?

- Yes No

If yes, check appropriate response:

- First part of specimen
 Middle part of specimen
 Last part of specimen

Have you have a vasectomy?

- Yes No

Date of collection _____

Time of collection _____ a.m./p.m.

If you have questions concerning where to deliver your specimen, please call MercyOne Des Moines Laboratory at 515-247-4439

MERCYONESM

Semen Analysis

Des Moines Laboratory

MERCYONESM

Des Moines Laboratory
111 6th Avenue
Des Moines, IA 50314

[MercyOne.org/desmoineslab](https://www.MercyOne.org/desmoineslab)

YOUR PHYSICIAN HAS REQUIRED TESTS OF YOUR SEMINAL FLUID.

Before the test

- Two to seven days of abstinence is recommended prior to specimen collection.
- If you will be collecting your specimen at home, please come to the MercyOne Des Moines Laboratory or a MercyOne Draw Station one day prior to collection to pick up a detergent-free, sterile specimen container.
- Or, alternatively, pick up a Medical Alternative Semen Collection Device from MercyOne Des Moines Laboratory at no charge. This collection device allows collection during intercourse, at home, in a way that does not violate one's religious, moral or aesthetic beliefs. Please call the laboratory at 515-643-4949 to request this device. The laboratory is located on the first floor just inside the Main (North) entrance.

Collecting a semen specimen at home:

- Please use one of the following methods to collect the semen specimen:
 1. Wash and rinse hands and genital area. Dry thoroughly with a clean towel.

Collect the entire semen sample in the sterile, detergent free specimen container obtained from MercyOne Des Moines Laboratory.
 2. Use a Medical Alternative Semen Collection Device provided by the MercyOne Des Moines Laboratory. Follow the enclosed directions carefully.
- The specimen should not be collected before 6 a.m.
- The entire specimen should be collected in the specimen container.
- Label the container with your name, date of birth, the date and time of the collection, and your physician's name.

- Place the specimen in the provided resealable zipper storage zip lock bag and hold the specimen close to the body to keep it at body temperature until it is delivered to the laboratory.
- Complete the attached "Semen Analysis Form."
- Specimens need to be delivered to MercyOne Des Moines Laboratory within 60 minutes of collection. The laboratory is located on level 1 of MercyOne Des Moines Medical Center. From the North entrance, follow the signs to the laboratory, once inside the laboratory follow the signs to Specimen Processing.
- Please inform the laboratory personnel if any of the specimen was lost in the collection process.

Bring the following to MercyOne Des Moines Laboratory:

- Labeled specimen
- Completed Semen Analysis Form
- Physician's signed order
- Insurance cards / Photo ID
- To ensure specimens are analyzed within a timely manner, they will only be accepted between 8 a.m. and 6 p.m., Monday through Thursday.
- No specimens will be accepted on Friday, Saturday or Sunday; on a holiday or day before a holiday.

Directions:

MercyOne Des Moines Laboratory is located on Level 1 of MercyOne Des Moines Medical Center (1111 6th Ave., Des Moines).

Visitors may park in the North Visitor lot (accessible from University Ave. and 6th Ave.) and enter through the Main Entrance.

To deliver a specimen, go through the Main Lobby and past the gift house and flowers and the Outpatient Pharmacy and down the hallways to the laboratory.

Collecting a semen specimen at MercyOne:

If you must travel longer than 60 minutes from home, specimen collection can be done at MercyOne Des Moines Medical Center in the Outpatient Service Center area. Please check in at the Registration area inside the Main (North) Entrance of MercyOne Des Moines Medical Center between 8 a.m. and 5 p.m., Monday through Thursday. Please bring your insurance card and your physician's signed order.

- You will be directed to a private room and given a sterile specimen container.
- Wash and rinse your hands and genital area. Dry thoroughly with a clean towel.
- Collect the entire semen specimen in the sterile container. Tightly close the container lid to prevent leakage.
- Label the specimen container with your name, date of birth, date and time of collection and physician's name.
- Complete the "Semen Analysis Form" attached to this brochure.
- Place the specimen and the "Semen Analysis Form" in the bag provided and return it to the Outpatient Service Center personnel.

The results of your test will be sent to your physician within two to three working days. If you have questions concerning your results, please contact your physician.

