

## Workers Compensation Injuries: Methods to Expedite Case Resolution

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#### **Topics:**

- 1. The importance of understanding the injured employee's essential job functions and the timeliness of injury reporting
- 2. Appropriate diagnosis, treatment plan, and setting expectations and their impact on patient outcomes.
- 3. What are the roles of the patient, employer, adjustor, case manager, occupational health provider, and specialists and how their interaction can expedite case resolution.
- 4. The value of Employer Return-to-Work (RTW) policies, the RTW Team, transitional work, accommodations



### Communication is Key

#### THE SINGLE **BIGGEST PROBLEM IN** COMMUNICATION IS THE ILLUSION THAT IT HAS TAKEN PLACE.

- George Bernard Shaw

#### The Players

- 1. Patient
- 2. Employer
- 3. Provider
- 4. Adjuster
- 5. Third party providers (HomeLink, OneCall, ect)
- 6. PT
- 7. Specialist
- 8. Case Managers/Safety Managers/HR

## Who do you believe is the most important player for facilitating an injury?

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#### BESTJOBDESCRIPTIONEVER



#### **Employer**

- 1. Report the claim
- 2. Complete the Employer's First Report of Injury
- 3. Advise the claims office
- 4. Provide adjuster with any relevant information
- 5. Review your transitional duty program
- Have a plan in place. What can the employee do?
- 6. Don't alienate the employee.
- It's ok to have empathy, ask how things are going. This has a huge impact.
- 7. Maintain an open dialogue, offer to assist if possible
- 8. Notify adjuster of an attorney
- 9. Immediately dispute any invalid or fraudulent claims
- 10. Keep up with current guidelines, state regulations
- 11. Keep communication with adjuster and provider open



# Did you get hurt at work? You may be entitled to compensation.

- -Commercials like these run all day on television.
- -Do you want this playing for your employee on loop?

#### Provider

- 1. Communication with the other players, what's the job duties of employee.
- 2. Expectations for the employee, short and long term goals
- Expected course of recovery
- Use of OTC or prescription medications
- Restrictions
- PT/Home exercises/Additional testing if required
- What happens if the plan fails?
- I got you

#### **OH Office**

- 1. Get notes, referral requests, testing requests out quickly as possible.
- 2. Communicate no shows to company, case managers and adjuster.
- 3. Have a dedicated person(s) to facilitate the process.

#### Employee/Patient

- 1. Show up! Keep appointments.
- 2. Realistic expectations.
- 3. Do your part: Icing, elevating, home exercises, medications.
- 4. Advocate for yourself.



#### **Adjusters**

- 1. Communication
- 2. Is a third party provider scheduling testing, PT or additional services?
- 3. Timely approvals (can be dependent on employer filing claim, causation, getting all the appropriate paperwork in a timely manner)

#### **Case Managers**

- 1. The glue in complex cases
- 2. Communicating among the specialist.
- 3. Advocating forward movement among the different specialist.
- 4. Communicating set backs.



#### Communication of the players

- 1. Communicate No Shows to the rest of the players
- 2. Complications and set backs
- 3. Case requires further investigation
- 4. Ask questions
- 5. Be proactive
- 6. Patience as several players are at play
- 7. Pandemic has changed how we all work.
- 8. Depression can be common among hurt employees. Sometimes only interaction is at work. Isolation.

## Who do you believe is the most important player for facilitating an injury?

Did your answer change?





#### Thank you

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