

## When a family is impacted by stroke, life can change very quickly in a matter of minutes.

That's why the dedicated teams at MercyOne Siouxland Medical Center offer a dedicated continuum of care for stroke patients. The MercyOne Stroke Center provides evidence-based quality care that continues to be recognized by the American Heart Association.

MercyOne Siouxland Medical Center is one of only 99 hospitals nationwide, honored with the American Heart Association's "Get With the Guidelines - Stroke" Gold Plus Achievement Award. MercyOne Siouxland is the only American Heart Association Target Stroke Hospital in the area and is certified as a Primary Stroke Center by the Joint Commission.

### Team approach to deliver expert care

MercyOne stroke patients receive superior patient care from a highly coordinated, multidisciplinary team of health care experts, including:

- Trauma physicians
- Referring physicians
- Neurologists and neurosurgeons
- EMS providers
- Advanced neuro-trained nurses
- Radiologists and neuroradiologists
- Rehabilitation nurses
- Physical therapists
- Occupational therapists
- Speech therapists
- Respiratory therapists
- Social workers
- Dietitians
- Clergy
- Home care specialists
- Stroke Center manager

# Stroke kills. Be Fast! Call 911

### KNOW THE SIGNS

During a stroke 32,000 brain cells die every second.

<b>B</b>	<b>ALANCE</b>	sudden loss of balance or coordination
<b>E</b>	<b>YES</b>	sudden change in vision
<b>F</b>	<b>ACE</b>	sudden weakness of the face
<b>A</b>	<b>RM</b>	sudden weakness of an arm or leg
<b>S</b>	<b>PEECH</b>	sudden difficulty speaking
<b>T</b>	<b>IME</b>	time the symptoms started

MERCYONE<sup>SM</sup>



## Primary Stroke Care

Preventing and treating stroke to help you live your best life.

MERCYONE<sup>SM</sup>

Siouxland Medical Center  
801 Fifth Street  
Sioux City, IA 51102

712-279-5879  
MercyOne.org

## 24/7, rapid stroke care

Time is critical to surviving stroke. EMS providers communicate with the MercyOne Trauma Center to facilitate rapid diagnosis and treatment of stroke.

MercyOne Air Med, our air ambulance, rapidly transports stroke patients from a 33-county area across the tri-state region to MercyOne Siouxland Medical Center, home to the area's only Level II Trauma Center as verified by the American College of Surgeons.

Within minutes of arrival at MercyOne, patients receive expert care from a skilled, experienced team of physicians, specialists, nurses and technicians who are available 24-hours a day, seven days a week.

## Fast, accurate diagnosis

A comprehensive approach to the evaluation of cerebrovascular disorders is an important component in stroke care at MercyOne. Using advanced diagnostic and imaging techniques, neurologists and neuroradiologists quickly confirm a patient is suffering a stroke, and then rapidly identify the region of the brain affected by stroke and the blood vessels involved. Our commitment to state-of-the-art technology ensures our acute stroke team has immediate access to the best diagnostic resources and treatments.

## Acute stroke care

At MercyOne Siouxland Medical Center, stroke patients receive expert, personalized care in our specialized inpatient nursing units. Our dedicated, specially-trained colleagues utilize the most sophisticated medical technology and resources. Each patient is treated with the respect, compassion and dignity they deserve.



## Rehabilitation

A critical part of stroke care at MercyOne is rehabilitation, which begins as soon as the patient is admitted to the hospital. Specially trained physical, occupational and speech therapists help patients overcome or compensate for ability changes due to stroke. Rehabilitation programs are personalized to the individual needs of each patient.

## Follow-Up

Personalized care with the MercyOne Stroke Center does not end when the patient leaves the hospital. We follow each patient's progress across care and living settings, including at home, in rehabilitation or through skilled care at MercyOne. Emphasis is always placed on the highest possible quality of life each patient can enjoy after leaving the hospital.

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**Stroke is the fifth leading cause of death in the United States and is the leading cause of serious long-term disability.**

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## Siouxland Stroke Support Network

The Siouxland Stroke Support Network, sponsored by MercyOne in cooperation with UnityPoint Health - St Luke's, meets regularly to help stroke survivors, caregivers, families and support systems. For more information, call 712-279-5879.