# Trusted resources to learn more about your ultrasound

The Internet is a great resource for you to learn more about your ultrasound findings. We've put together a list of suggested and trusted web sites for you to visit and learn more. For questions and additional information, please do not hesitate to contact our office at (515) 643-6888.

Your baby has:		
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# Birth Defects and Genetic Disorders

## cdc.gov/ncbddd/bd

CDC birth defects information site.

#### geneclinics.org

A large database offering in-depth explanations of genetic disorders written by experts.

#### rarediseases.org

Includes information about various rare diseases.

### otispregnancy.org

Information about exposures during pregnancy, such as infections, environment, medications, etc.

# http://mydoctor.kaiserpermanente.org/ncal/specialty/genetics

handouts on various conditions and ultrasound findings. Includes Chinese versions of some handouts.

#### ghr.nlm.nih.gov

Genetics Home Reference includes consumer-friendly information about genetic conditions.

#### rarechromo.org

Information about many chromosomal alterations and support/family contacts.

# Support Groups

#### www.geneticalliance.org

Information and links to support organizations for various disorders.

How to Find Reliable Medical Information If you are doing your own online searches, here are some web sites that can help you determine if it is reliable information.

# mlanet.org/resources/userguide.html trustortrash.org

# Medical Terminology

mlanet.org/resources/medspeak/medspeaka\_d.html

## Resurosos en Espanol

# nacersano.org

Version en Espanol de la pagina March of Dimes

#### otispregnancy.org

Informacion de las exposiciones durante el embarazo tales como infecciones, ambientales, medicamentos, etc.

# http://mydoctor.kaiserpermanente.org/ncal/specialty/genetics

Folletos de varias condiciones y descumbrimientos con ultrasonido. Algunos folletos incluyen la version en Espanol y chino.

