

Endocrinology: In-house procedures

Beyond our routine appointments and expert endocrine care, we are proud to offer:

Bone density machine (DXA)

A bone density (DXA) study is used to evaluate bone loss. If you are not a patient at our office, you may still have a bone density screening done.

Generally bone density screenings are done every two years and the appointment will last approximately 30 minutes. This study will allow us to determine if you have osteopenia or osteoporosis and warrant treatment.

Thyroid ultrasound and needle biopsy

Several physicians in our office are certified to perform thyroid ultrasounds and biopsies (FNA). An ultrasound is a simple procedure used to image the thyroid gland located in the neck.

Biopsies are done in coordination with an ultrasound to test for thyroid cancer. Needle biopsies are generally well-tolerated procedures that result in a small bandage on your neck. Local anesthetic may be used depending on physician/patient preference.

There are no restrictions before or after the appointment and a driver is not required. We require referral to a provider in our office prior to arranging a biopsy appointment.

Laboratory Appointments

Our office utilizes MercyOne Clinical Laboratory and we have experienced phlebotomists on site that handle lab draws and processing. Please check with your insurance provider regarding lab fees and preferred draw stations.

We prefer all lab appointments—including drop-offs—to be scheduled at least 24 hours in advance. We also ask that you arrive a few minutes prior to your appointment.

Adrenal

- Insulin Tolerance Test
- Glucagon Stimulation Test
- Renin/Aldosterone Studies
- Saline Infusion Test for Hyperaldosteronism
- Cosyntropin Stimulation of 17 α OHP
- Cosyntropin stimulation of cortisol

Anterior pituitary

- GnRH Test
- Dexamethasone Suppression Test (diagnosis of Cushing's)
- Low Dose Dexamethasone Suppression Test
- High Dose Dexamethasone Suppression Test
- Growth Hormone Suppression Test

Posterior pituitary

- Water Deprivation Test

Hyper/hypoglycaemia

- Oral Glucose Tolerance Test
- Prolonged Oral Glucose Tolerance Test

Miscellaneous

- Pentagastrin Stimulation Test