



Women's Cancer Support Group

Fourth Thursday of every month,
5:30-6:30 p.m.

Education and peer support

This confidential and free peer support group is for women living through all types and all stages of cancer. Each group will provide an opportunity to learn new information and share with others who are also living with cancer. Please join us!

All group sessions are confidential.



Call 515-222-7460 to RSVP

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Have a safe place to talk openly and feel less alone.

Improve your coping skills and gain a sense of empowerment.

Reduce stress and anxiety through peer education.

Make a connection with other women who understand how you feel.

Learn a new perspective from others in a supportive environment.
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