



Speaker's bureau

Sharing knowledge for a healthier community

We are dedicated to advancing the health of our communities through a speaker series designed to educate organizational leaders and employees on a variety of important health and wellbeing topics.

Studies show employees who are empowered to be healthy through their workplace and learn how to be better consumers of health care, have reduced medical expenses and increased workplace performance.

Our large network of physicians, providers and other subject-matter experts enjoy sharing their knowledge with others and ensure everyone has access to the right information and resources to achieve optimal health. Organizations have the opportunity to choose from over 40 presentations focused on a variety of health and wellbeing topics.

SPEAKER TOPICS INCLUDE, BUT ARE NOT LIMITED TO:

- Diet and Nutrition
- Fitness and Exercise
- Stress Management
- Men's Health and Women's Health
- Weight Management
- Cancer Prevention
- Understanding Biometric Screening Results
- Managing Diabetes
- Creating a Culture of Health