


Holy Cross Hospital – Silver Springs, MD

FirstChoice Orientation Guide

**Hospital Information**

Located in the southern part of Montgomery County, Maryland, Holy Cross Hospital is a 435-bed acute care teaching facility just 8 miles north of downtown Washington, D.C.   We are convenient to public transportation, by bus and subway, and maintain off-site parking with shuttle service.   While we are a community hospital, we serve a multi-county urban population.

**1500 Forest Glen Rd, Silver Spring, MD 20910**

**529 bed teaching hospital caring for more than 36,000 inpatients each year**

***6 Adult inpatient units***

3 South Acute Care / IMC

This 30-bed unit provides care to patients with complex needs, particularly respiratory and renal problems, that require cardiac telemetry monitoring and/or mechanical ventilator support. Typical nurse:patient ratio 1:4-5

4 South Acute Care / Cardiac

This 30-bed unit provides care to patients with primary cardiac diagnoses as well as to medical patients that require cardiac telemetry monitoring.  Typical nurse:patient ratio 1:5-6

6 East Acute Care / Neuro

This 32-bed unit provides care to patients requiring cardiac telemetry monitoring, with a special emphasis on neuroscience diagnoses, including epilepsy monitoring. Typical nurse:patient ratio 1:5-6

***2 Adult ICUs***

Types of ICU patients: septic, TBI, Trauma, Heart failure respiratory Failure, Stroke, Acute renal failure, liver failure. The intensive care units have 24/7 intensivist coverage, and our high-acuity intermediate and acute units largely have 24/7 hospitalist coverage.   Decentralized pharmacists, full-spectrum clinical ancillary and support services.

2 South Intensive Care

This 30-bed intensive care unit provides care to patients with complex medical needs that require critical care modalities and interventions.   Typical nurse:patient ratio 1:1-2

Surgical Intensive Care/Neuro Critical Care Unit (SICU/NCCU)

This 16-bed intensive care unit provides care to surgical patients and neurosurgical and medical patients with complex needs that require critical care modalities and interventions, and epilepsy monitoring.  Typical nurse:patient ratio 1:1-2

**NICU**

**NICU**: Our [**Perinatal Diagnostic Center**](https://www.holycrosshealth.org/find-a-service-or-specialty/maternity-services/high-risk-pregnancies/perinatal-diagnostic-center) provides pre-pregnancy risk assessments, advanced diagnostic testing, and ongoing care for women whose pregnancies may result in a high-risk birth as a result of complications due to age, multiple births, or personal medical history.

The [**High-Risk Perinatal Center**](https://www.holycrosshealth.org/find-a-service-or-specialty/maternity-services/high-risk-pregnancies/high-risk-perinatal-center)offers 24/7 monitoring by maternal-fetal medicine experts for women who require hospitalization because of medical problems and a potential high-risk birth.

The 46-bed, Level III Neonatal Intensive Care Unit (NICU) at Holy Cross Hospital features state-of-the-art technology to care for babies who are born early or have medical problems, and provides more complex, high-risk newborn care than any other hospital in Maryland or the District of Columbia.

**Birthing Center**

**Maternity Services**: The 24 labor and delivery rooms at Holy Cross Hospital are private, home-like environments. Our state-of-the-art units are equipped for cesarean sections and high-risk births. Once you’ve given birth, you will recover in a spacious [private post-partum maternity suite](https://www.holycrosshealth.org/find-a-service-or-specialty/maternity-services/information-for-your-stay/private-maternity-suites).

**Surgery Center**

**Emergency Center – Level II Trauma**

Largest hospital emergency services provider in Montgomery and Prince George's counties, and the fourth largest hospital emergency room in Maryland. Nearly 90,000 acutely ill patients are treated annually at Holy Cross Hospital’s Silver Spring Md., emergency room.

**Scrub Color**

* RN – Royal Blue
* RT – Grey
* Scrubs provided for L&D, OR, IR and Cath Lab

**Regional FirstChoice Contacts**

* **Amie M. Nyakabau** **Amie.Nyakabau@holycrosshealth.org**
* **Jimrevenia Thompson** **Jimrevenia.Thompson@holycrosshealth.org**
* **Michelle R. Merriwether <Michelle.Merriwether@holycrosshealth.org>**

**Parking Information**

Two offsite parking lots – free to employees

**Badging**

Badging distributed on first day after visit to security office

**Employee Health Contact**

Scott Graham, Scott.Graham@holycrosshealth.org

**Onboarding Contact for FirstChoice**

Denise Clark, Denise.Clark@holycrosshealth.org, 301-557-2121, 8AM-5PM

**PPE Provided**

Masks, gloves, gowns, shields, etc. (depends on location assigned)

**Patient to Nurse Ratio**

Varies

**Shifts Offered**

12 hour shifts

**Lunch Room Options**

Cafeteria, Starbucks