



Wellbeing platform

Healthy employees are the most important asset

MercyOne and Navigate Wellbeing Solutions collaborate to bring together employee wellbeing, engagement and clinical programming for community employers.

Wellbeing is more than a number on a scale or how much time is spent at the gym. It's personal and we approach wellbeing from a whole-health perspective. Through data-driven information, we design wellbeing solutions which enable healthy lifestyle choices, preventing disease and reducing avoidable health care costs.

Our wellbeing platform integrates social connections, and unique group and individual challenges to drive participation by keeping the experience fresh and new. Plus, the ability to integrate incentives provides the motivation to sustain engagement and promote healthy behaviors.

We provide real-time insights, metrics to measure engagement, implementation tracking, training and support every step of the way.

PLATFORM FEATURES:

- Personalized, branded portal with customizable landing page design
- Intelligent incentive and rewards tracking with personalized dashboard
- Wearable device/application integration
- Compass Health Assessment with activity recommendations based on results
- Healthy lifestyle content including meal plans, recipe database and workout videos

CHALLENGE OPTIONS:

- Wide variety of wellbeing challenges to meet the needs of any population or individual interest
- Personalized, branded challenge marketing and communication materials (print and digital)

REPORTING AND RESOURCES:

- Robust data management, analysis and reporting
- Dedicated account manager and call center support