

# Patient proxy or Power of Attorney? Access medical information online.

Welcome to the all-in-one health record and patient portal that lets you, as the representative (proxy) for your child or a dependent adult, access health information and make informed decisions.

#### Get started...

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Ask us for a consent form. Sign and return it to us before you leave today and provide us with your email address.

Click the registration link in the email you receive from noreply@followmyhealth.com and create your login



**Enter the invitation code** provided by your medical organization and click "Agree" to the release of information.

### 24/7 anywhere, anytime access

Via computer, smartphone or tablet

#### With My OneCare, you can:

- View test and lab results
- Receive post discharge care instructions
- Manage health conditions on the go
- Receive email care reminders
- Keep your loved one's health information in one spot



## **Questions?**

Please call: 888-670-9775

To login to medical information as a proxy or Power of Attorney, visit:

http://www.mercydesmoines.org/ patientportal

Access your loved one's medical information from your smartphone. Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.



**Does your child or dependent adult already have a portal account?** You can add our hospital to an existing account to connect the hospital information.

If you didn't receive an email invite, create an account at: <u>http://www.mercydesmoines.org/patien</u> <u>tportal</u>. When prompted, search for us using your zip code.